



Premeeting SPINE20

Joint Meeting THINK20-SPINE20

Rome (Italy) - September 16, 2021

Hybrid event

In Situ: Aula Magna Orthopaedic Clinic, University "La Sapienza"

Eugenio Gaudio, Chair T20 - Giuseppe Costanzo, Chair Spine 20

Thursday SEPTEMBER 16, 2021

- 17.00-17.10** *Introduction*
Margareta Nordin, France, **Bernardo Misaggi**, Italy, **Marco Teli**, Italy
- 17.10-17.20** *T20 commitment and strategies in pandemic*
Eugenio Gaudio, Italy
- 17.20-17.30** *Changes of ways of life in pandemic: remote work, more food and less physical activity, the effects on back pain*
Carlo Ruosi, Italy
- 17.30-17.40** *Anatomo pathologic findings due to Covid and back pain*
Carlo della Rocca, Italy
- 17.40-18.00** *Discussion*
- 18.00-18.10** *Management of outpatient clinics, taking charge of patients*
Alberto Di Martino, Italy
- 18.10-18.20** *Covid 19: way of spreading, effectiveness of the lock down, statistics of the pandemic, vaccines and variants of the virus*
Paolo Villari, Italy
- 18.20-18.30** *How to manage physical activity and rehabilitation: possibilities of virtual control in gymnastic*
Marco Paoloni, Italy, **Andrea Bernetti**, Italy
- 18.30-18.40** *Which pathologies of the spine, when and how to operate in hospitals in Covid times*
Marco Brayda-Bruno, Italy
- 18.40-19.00** *Discussion*