Premeeting SPINE20
Joint Meeting THINK20-SPINE20
Rome (Italy) - September 16, 2021

Hybrid event
In Situ: Aula Magna Orthopaedic Clinic, University "La Sapienza"

Eugenio Gaudio, Chair T20 - Giuseppe Costanzo, Chair Spine 20

Thursday SEPTEMBER 16, 2021

17.00-17.10  Introduction
Margareta Nordin, France, Bernardo Misaggi, Italy, Marco Teli, Italy

17.10-17.20  T20 commitment and strategies in pandemic
Eugenio Gaudio, Italy

17.20-17.30  Changes of ways of life in pandemic: remote work, more food and less physical activity, the effects on back pain
Carlo Ruosi, Italy

17.30-17.40  Anatomo pathologic findings due to Covid and back pain
Carlo della Rocca, Italy

17.40-18.00  Discussion

18.00-18.10  Management of outpatient clinics, taking charge of patients
Alberto Di Martino, Italy

18.10-18.20  Covid 19: way of spreading, effectiveness of the lock down, statistics of the pandemic, vaccines and variants of the virus
Paolo Villari, Italy

18.20-18.30  How to manage physical activity and rehabilitation: possibilities of virtual control in gymnastic
Marco Paoloni, Italy, Andrea Bernetti, Italy

18.30-18.40  Which pathologies of the spine, when and how to operate in hospitals in Covid times
Marco Brayda-Bruno, Italy

18.40-19.00  Discussion